

LADIES WORKOUT EXPRESS

Maple Tree Plaza – Route 79 South – Marlboro, NJ 07746 – (732) 845-2900 – www.fusionfitness.us

HAPPY NEW YEAR!!! With the New Year upon us, I'm excited to see many of you returning to your regular exercise routines as well as some former members joining us again! We are implementing some new programs and planning a couple of Special Events. Keep your eyes open so you don't miss out on anything!



ZUMBA BOOTCAMP CHALLENGE

“Not Your Ordinary Bootcamp”

Fusion of Toning..Abs..Dance..Plyometrics..Stretching

Register Now...Space is Limited!!

6 Week Program...Starts January 16th

Classes Offered:

Mondays and Wednesdays 7-8 pm

Wednesdays, Fridays and Sundays 7:45-8:45 am

Are you ready for our first co-ed Zumba Class???

**** SAVE THE DATE ****

Friday, February 10th from 7:30 to 8:30

ONLY \$10 in advance...\$15 walk-in



Introducing...ZUMBATOMIC for

Kids ages 7-11

(Boys and Girls are Welcome)

8 Weeks - \$60 (Add'l Child(ren) In Family—10% Off)

Thursdays at 4:15 pm (Starts February 16th)

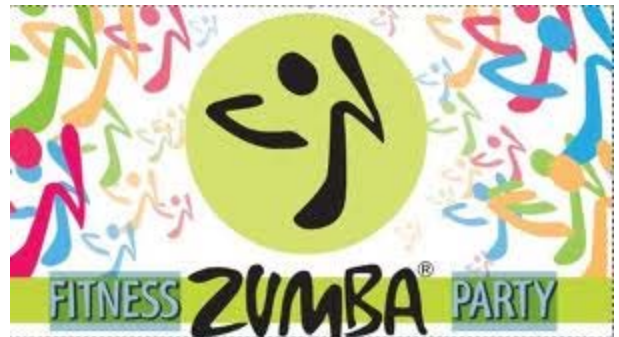
Please fill out and return below as soon as possible

Name _____ Phone _____ Child's Age (1) _____ (2) _____ (3) _____

Need a fun idea for your next fundraiser or private event?

Try a Zumba Party

**PTA...Sportsteam...Church Group
Book Club...Birthday Party
Girl's Night Out**



Ask Joyce for Details

PLEASE NOTE...

Starting Tuesday, January 17th, 7 pm Zumba Class will be taught by Joyce.



Give the Gift of Health with an LWE Gift

Certificate

(Personal Training, Classes, Memberships)

MEMBERSHIP REWARDS

Our rewards program is still in effect for member referrals. Any member that refers a new member will receive \$10 off her next month's dues or next renewal.

**New Member must join on a regular membership or purchase a minimum of 12 classes.*



REMINDER: If you haven't done so yet, please bring clean sneakers to class or leave a pair in the cubbies provided.